

## January 2019- JAMS/ HS Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u> <b>No School</b>	<u>2</u> Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>3</u> Mini Waffles- Maple* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>4</u> Breakfast Sandwich*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>7</u> Mini Pancakes* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>8</u> Brkfst Bites*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>9</u> Cheese Omelet* Sausage Patty-(P) Toast or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>10</u> Mini French Toast- Choco Chip* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>11</u> Sausage Biscuit & Gravy*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>14</u> <b>No School</b>	<u>15</u> Pancake on a Stick*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>16</u> Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>17</u> Mini Waffles- Maple* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit	<u>18</u> Breakfast Sandwich*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit
<u>21</u> Mini Pancakes* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice	<u>22</u> Brkfst Bites*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice	<u>23</u> Cheese Omelet* Sausage Patty-(P) Toast or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal	<u>24</u> Mini French Toast- Choco Chip* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal	<u>25</u> Sausage Biscuit & Gravy*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice

Milk* Fruit	Milk* Fruit	Juice Milk* Fruit	Juice Milk* Fruit	Milk* Fruit
<p align="center"><b>28</b></p> <p align="center">Breakfast Pizza*(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	<p align="center"><b>29</b></p> <p align="center">Pancake on a Stick*(P) Pancake Syrup or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	<p align="center"><b>30</b></p> <p align="center">Egg Wrap* Sausage Patty-(P) Salsa or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	<p align="center"><b>31</b></p> <p align="center">Mini Waffles- Maple* Sausage Patty-(P) or Cereal -Variety Oatmeal Muffin Bar* or Yogurt Cup* Oatmeal Muffin Bar* Included with each Meal Juice Milk* Fruit</p>	

\*Menu Subject to Change