

Harding Elementary Newsletter

Fall 2021

Upcoming Calendar Events:

- **October 13-** PTO Mtg. at 5:30 p.m. in Rm. 137
- **October 28-** Picture Retakes
- **October 29-** Fall Harvest Parties
- **November 1-** Parent-Teacher Conferences 4:00-7:30 p.m.
- **November 4-** Early Dismissal 12:15 p.m.
- **November 4-** Parent-Teacher Conferences 1:00-7:30 p.m.
- **November 4-** Fundraiser Items Pick Up 12:00-6:00 p.m. in the Harding Gym
- **November 5-** No School for students- Teacher Professional Development
- **November 10-** PTO Mtg. at 5:30 p.m. in Rm. 137
- **November 11-** 3rd grade Music Program 6:00 p.m. in the Harding Gym
- **November 24-26-** No School, Thanksgiving Break

Note from the Principal:

Every Day Counts!

Going to school every day is the single most important part of your child's education. Students learn new things in school every day, missing school puts them behind.

Why it's important?

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school every day. If students miss school regularly, they miss out on learning fundamental skills that will set them up for success in the later years of school. There is no safe number of days for missing school- each day a student misses puts them behind, and can affect their educational outcomes.

What we can do:

The main reasons for absences are:

Sickness- There are always times when students need to miss school, such as when they are ill. It is vital they only miss on the days they are genuinely sick, and setting good sleep patterns, eating well and exercising regularly can make a big difference.

"Day off"- Think twice before letting your child have a "day off" as they could fall behind their classmates- every day counts.



Vacation and Trips- The school year has many built in and natural breaks. When scheduling family trips try to plan them when they fall on days that school is not in session.

Let us know how we can best support you and your children so that they can show up for school on time every day. We want your child to be successful in school. If your child does need to be absent from school, it is very important that you contact the office to let us know why at 641-421-4406. Please note that we will be sending attendance letters to all families with absences as an awareness and follow up with phone calls and potential meetings if an issue or concern arises. If you have any questions or need more information, please feel free to contact me.

Sincerely,
Brooke A. Brunsvold
Harding Elementary Principal

Dress for Fall Play

Tips and reminders for dress for outdoor recess.



Wind Chill/Temperature	Clothing Guidelines
70- and up°	Pants, shorts, skirts, short-sleeves
60-69°	Long sleeves, sweatshirt, jacket
40-59°	Pants, jacket over long sleeves, layers are best
30-39°	Coat <u>required</u> with hat & gloves recommended
Children go outside for recess if the actual temperature is 0° or higher or a wind chill of -10° or less	



Harding T-shirts!

Every year our Harding PTO generously purchases a Harding T-shirt for all K-4 students. Please use the link below to let us know what size of t-shirt your child wears so we can accurately get sizing for our students! Thanks!

[T-shirt Sizes](#)

3rd Grade Music Program - We Honor You: A Salute to America's Soldiers and Veterans

This Veterans' Day and every day, we salute our nation's brave veterans who served our country in moments of turmoil and in moments of peace. We also salute the current members of our military who sacrifice



everyday so that we might enjoy all that it means to be an American. We gather together to send a message that our soldiers and veterans are never far from our minds and always deep in our hearts. The spirit of America is alive in each and every one of us and we say THANK YOU!

By: John Jacobson and Friends

Program Date: November 11 at 6:00 p.m. in the Harding Gym

Length: Approximately 30 minutes



Fundraiser Pick UP

Thank you for supporting our fundraiser! Fundraiser items will be delivered to the school on Thursday, November 4. Please arrange to have all items picked up between 12:00-6:00 p.m.

*You are welcome to order from the online store anytime over the next 6 months, and the profits will go to our school! Just make sure to enter our group code (HARD#\$) at clubschoicefundraising.com

Harding Happenings!



New Communication Board

Donated from Every Piece Matters.

Their mission is to make all communities better adapted for all ages and all communication levels. This communication board is located on our PreK-1 playground.

www.jenanlenblue.com



Homecoming





Friday, October 1 the MCHS drumline, Homecoming court, football players and cheerleaders paraded through our building! One of our favorite days of the year!



Fire Prevention Week

On Monday, October 4 the Mason City Fire Department gave presentations to our K-2 students and our 3rd graders toured the Fire Station.

ZONES OF REGULATION!

Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space

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Zones of Regulation

This year your child will be learning about the "Zones of Regulation", which are lessons and activities designed by Leah Kuypers, licensed occupational therapist, to help students gain skills in the area of self-regulation. Self-regulation can go by many names, such as self-control, self-management, and impulse control. It is defined as the best state of alertness of both the body and emotions for the specific situation. For example, when a student plays on the playground or in a competitive game, it is beneficial to have a higher state of alertness. However, that same state would not be appropriate in the library. The lessons and learning activities are designed to help the students recognize when they are in the different Zones as well as learn how to use strategies to change or stay in the Zone they are in. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading other people's facial expressions, perspective about how others see and react to their behavior, insight into events that trigger their behavior, calming and alerting strategies, and problem solving skills.

It is important to note that everyone experiences all of the Zones- the Red and Yellow Zones are not the "bad" or "naughty" Zones. All of the Zones are expected at one time or another. The Zones of Regulation is intended to be neutral and not communicate judgement.

School Day Information

Morning Reminders

- Students should not arrive to school prior to 7:45 a.m. There is not any supervision for students before 7:45 a.m.
- Breakfast is served daily from 7:45-8:05 a.m.

- Please have patience in the parking lot during morning drop off. If you plan to exit your vehicle we kindly ask you to park your car.

After School Reminders

We dismiss school Monday, Tuesday, Thursday and Friday at 3:00 p.m. School dismisses at 1:40 p.m. on Wednesday's.

The expectation is that students who do not ride the school bus or attend the after school program need to be picked up promptly. Please communicate with your child that they need to wait in front of the building to be picked up. We are having an issue with students playing on the playground and not realizing that they haven't been picked up.

Only students who are accompanied by an adult should be on the playground after school. Walkers are expected to go directly home.