

January 2019- JAMS Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u> <u>No School</u>	<u>2</u> Chicken Noodle Soup w/ Garlic Breadstick Roast Chicken & Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ dressing* Fresh Veggies w/ RF Dip* Baby Bakers Green Beans Fresh Fruit Fruit Cocktail Gelatin Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Brownie* Milk	<u>3</u> Mandarin Chicken & Rice Roll Chicken Tender Wrap* Ham Deli Sandwich* Turkey Stacker-bun Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Lettuce/ FF Mayo Ketchup & BBQ Sauce Milk*	<u>4</u> Tony's Sticks* Marinara Sauce Hamburger on Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Diced Pears Orange Wedges Yogurt Cup* Ketchup/ Mustard/ BBQ M&M Cookie* Milk*
<u>7</u> Spaghetti w/ Meatballs Garlic Breadstick* Pork Tenderloin w/ Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Broccoli Greek Spaghetti* Apples w/ Caramel* Juice Gelatin Ketchup/ Mustard/ BBQ Milk*	<u>8</u> Soft Shell Taco* Taco Fixings Grilled Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*	<u>9</u> Veggie Beef Soup* w/ Garlic Breadstick Chicken Nuggets w/ Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Green Beans Fresh Fruit Strawberry Cup Gelatin Ketchup/ Mustard/ BBQ Yellow Cake* Milk*	<u>10</u> Popcorn Chicken Spicy Chicken Wrap* Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Milk*	<u>11</u> Pizza Cruncher* Hamburger on Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Yogurt Cup* Ketchup/ Mustard/ BBQ Sugar Cookie* Milk*
<u>14</u> <u>No School</u>	<u>15</u> Crispito & Cheese Sauce* Taco Fixings Spicy Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*	<u>16</u> Cheesy Chicken Tortilla Soup* w/ Fritos Spicy Chicken Nuggets w/ Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Green Beans Fresh Fruit Fruit Cocktail Gelatin Ketchup/ Mustard/ BBQ Frosted Applesauce Bar* Milk*	<u>17</u> Chicken Tenders Grilled Chicken Wrap* Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf Fries California Veggies Fresh Fruit Applesauce Fr Fruit Cup Milk*	<u>18</u> Fish Sticks Hamburger on Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Yogurt Cup* Shrimp Sauce Ketchup/ Mustard/ BBQ Choc Chip Cookie* Milk*
<u>21</u> Meatball Sub* Pulled Pork Sandwich(P) Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Buttery Noodles* Broccoli Apples w/ Caramel* Juice Gelatin Ketchup/ Mustard/ BBQ Milk*	<u>22</u> Walking Tacos* Taco Fixings Bread Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*	<u>23</u> Broccoli & Cheese Soup* w/ Garlic Breadstick Roast Chicken & Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ dressing* Fresh Veggies w/ RF Dip* Baby Bakers Green Beans Fresh Fruit Strawberry Cup Gelatin Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Pumpkin Bar* Milk	<u>24</u> Mandarin Chicken & Rice w/ Roll Chicken Tender Wrap* Ham Deli Sandwich* Turkey Stacker-bun Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Lettuce/ FF Mayo Ketchup & BBQ Sauce Milk*	<u>25</u> Tony's Sticks* Marinara Sauce Hamburger on Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes* Chicken Gravy Peas Diced Pears Orange Wedges Yogurt Cup* Ketchup/ Mustard/ BBQ Sidekicks-Treat Milk*

<p style="text-align: center;"><u>28</u></p> <p>Spaghetti w/ Meatballs Garlic Breadstick* Pork Tenderloin w/ Bun Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Broccoli Greek Spaghetti* Apples w/ Caramel* Juice Gelatin Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;"><u>29</u></p> <p>Soft Shell Taco* Taco Fixings Grilled Chicken Sandwich Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mexican Rice Refried Beans w/ Cheese* Corn Fresh Fruit Rosey Applesauce Fr Fruit Cup Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;"><u>30</u></p> <p>Chili/ Cheese w/ Fritos Chicken Nuggets w/ Roll Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Green Beans Fresh Fruit Fruit Cocktail Gelatin Ketchup/ Mustard/ BBQ Cinnamon Roll* Milk*</p>	<p style="text-align: center;"><u>31</u></p> <p>Popcorn Chicken Spicy Chicken Wrap* Ham Sandwich* Turkey Sandwich* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Br Rice Pilaf California Veggies Fresh Fruit Applesauce Fr Fruit Cup Milk*</p>	
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*Menu Subject to Change