

January 2019- High School

Monday	Tuesday	Wednesday	Thursday	Friday
	<u>1</u> <u>No School</u>	<u>2</u> Chicken Noodle Soup w/ Garlic Breadstick Roast Chicken & Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Mashed Potatoes Fries Green Beans Fresh Fruit Fruit Cocktail Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Brownie* Milk*	<u>3</u> Mandarin Chicken & Rice w/ Roll Chicken Tender Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	<u>4</u> Smorgasbord*(P) Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ M&M Cookie* Milk*
<u>7</u> Nacho Bar* Pork Tenderloin w/ Bun Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Greek Spaghetti* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	<u>8</u> Soft Shell Tacos* Taco Fixings* Grilled Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	<u>9</u> Veggie Beef Soup* w/ Garlic Breadstick Chicken Nuggets w/ Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Fries Green Beans Fresh Fruit Strawberry Cup Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Yellow Cake* Milk*	<u>10</u> Popcorn Chicken Spicy Chicken Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	<u>11</u> Smorgasbord*(P) Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Sugar Cookie* Milk*

<p style="text-align: center;">14 <u>No School</u></p>	<p style="text-align: center;">15</p> <p>Crispito & Cheese Sauce* Taco Fixings* Spicy Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">16</p> <p>Cheesy Chicken Tortilla Soup* w/ Fritos Spicy Chicken Nuggets w/ Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Seasoned Oven Potatoes Green Beans Fresh Fruit Fruit Cocktail Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Frosted Applesauce Bar* Milk*</p>	<p style="text-align: center;">17</p> <p>Chicken Tenders w/ Roll Grilled Chicken Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">18</p> <p>Smorgasbord*(P) Cheese Pizza* Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Choc Chip Cookie* Milk*</p>
<p style="text-align: center;">21</p> <p>Pasta Bar* Hot Ham & Cheese Sandwich*(P) Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Buttery Noodles* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">22</p> <p>Walking Tacos* Taco Fixings* Bread Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">23</p> <p>Broccoli & Cheese Soup* w/ Garlic Breadstick Roast Chicken & Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Fries Green Beans Fresh Fruit Strawberry Cup Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Pumpkin Bar* Milk*</p>	<p style="text-align: center;">24</p> <p>Mandarin Chicken & Rice w/ Roll Chicken Tender Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">25</p> <p>Smorgasbord*(P) Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Sidekicks-Treat Milk*</p>

<p style="text-align: center;">28</p> <p>Nacho Bar* Pork Tenderloin w/ Bun Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Greek Spaghetti* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">29</p> <p>Soft Shell Tacos* Taco Fixings* Grilled Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p style="text-align: center;">30</p> <p>Chili/ Cheese* & Fritos Chicken Nuggets Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Seasoned Oven Potatoes Fries Green Beans Fresh Fruit Fruit Cocktail Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Cinnamon Roll* Milk*</p>	<p style="text-align: center;">31</p> <p>Popcorn Chicken Spicy Chicken Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	
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*Menu Subject to Change