



MASON CITY COMMUNITY SCHOOL DISTRICT

Summer Feeding July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Pork Sand w/ Bun(P) Potato Smiles- 4 pc Fruit- ½ c or 1 pc Ketchup & BBQ Sauce Milk	4 NO LUNCH	5 Cheddarwurst*(P) Fresh Veggies w/ RF Dip* Fruit- ½ c or 1 pc Ketchup/ Mustard/ BBQ Milk BBQ Milk	6 Chicken Nuggets & Roll Mashed Potatoes*- ½ c Green Beans- ½ c Ketchup & BBQ Sauce Milk	7 Omelets*- 1 French Toast Sticks- 3pc Tri-Tators- 2 pc Applesauce Cup- 4oz Syrup Milk
10 Cheeseburger w/ Bun* Potato Wedges- ½ c Fruit- ½ c or 1 pc Ketchup & Mustard Milk	11 Nachos* Taco Fixings Corn- ½ c Fruit- ½ c or 1 pc Milk	12 Corn Dog Fresh Veggies w/ RF Dip* Fruit- ½ c 1 pc Ketchup & Mustard Milk	13 Chicken Tenders- 3 pc Dinner Roll Mashed Potatoes*- ½ c Green Beans- ½ c Milk	14 Max Stick*- 2 pc Romaine Salad w/ dressing*-1 c Strawberry-applesauce Cup-4oz Milk
17 Br Chick Patty w/ Bun Potato Wedges- ½ c Fruit- ½ c or 1 pc Ketchup & BBQ Sauce Milk	18 Soft Shell Tacos* Taco Fixings Corn- ½ c Fruit- ½ c or 1 pc Milk	19 Mini Corn Dogs- 6 pc Fresh Veggies w/ RF Dip*-1/2 c Fruit- ½ c or 1 pc Ketchup & Mustard Milk	20 BBQ Rib Patty w/ Bun (P) Tri-Tators- 2 pc Green Beans- ½ cup Ketchup & BBQ Sauce Milk	21 Cheese Pizza*- 1 Romaine Salad w/ dressing*-1 c Strawberry-applesauce Cup-4oz Milk
24 BBQ Pork Sand w/ Bun(P) Potato Smiles- 4 pc Fruit- ½ c or 1 pc Ketchup & BBQ Sauce Milk	25 Walking Tacos* Taco Fixings Corn- ½ c Fruit- ½ c or 1 pc Milk	26 Cheddarwurst*(P) Fresh Veggies w/ RF Dip* Fruit- ½ c or 1 pc Ketchup/ Mustard/ BBQ Milk	27 Chicken Nuggets & Roll Mashed Potatoes*- ½ c Green Beans- ½ c Ketchup & BBQ Sauce Milk	28 Omelets*- 1 French Toast Sticks- 3pc Tri-Tators- 2 pc Applesauce Cup- 4oz Syrup Milk
31 Cheeseburger w/ Bun* Potato Wedges- ½ c Fruit- ½ c or 1 pc Ketchup & Mustard Milk				

Information provided is not intended to be used for medical purposes!

Daily Menu is subject to change.

*- Item Contains Dairy (P)- Item Contains Pork

This Institution is an Equal Opportunity Provider